

**Family Liaison
Bulletin
April 2026**



Here is the information bulletin for this week. Remember if you need any further details about anything shown in the bulletin, please don't hesitate to contact one of our Family Liaison Officers.

"The information in this bulletin is for advertising purposes only. Sparkle does not endorse any organisations or events unless they are run by, or in partnership with, Sparkle."

- ★ Month at a Glance – April

News from Sparkle and our Children's Centres

- ★ MediCinema at Sparkle
- ★ CCP Workshops via YouTube
- ★ Dad's Group

UK and news from Gwent

- ★ Aneurin Bevan Health Board Text Service
- ★ H&G Inclusive ALN Sports
- ★ National Neurodivergent Shows
- ★ Carers Support Group
- ★ Seren Dwt Monthly Catch ups
- ★ NAS Peer Support Group
- ★ ALN barbers sessions
- ★ Disability Can Do
- ★ ADHD+ Newport
- ★ Parc Play Sessions
- ★ GiddyKids ALN Easter Party
- ★ Trago Playzone ALN Easter Session
- ★ ALN Easter Session

Blaenau Gwent

- ★ Wellbeing Wednesday's
- ★ Family Support Hub
- ★ ALN Netball

Caerphilly

- ★ Caerphilly Community transport
- ★ Neurodivergence Awareness Day
- ★ Parent Network Easter Hunt

Monmouthshire

- ★ Dad's support
- ★ Accessible Library Sessions
- ★ Ready Steady Go

Newport

- ★ Little Steps Drop-ins
- ★ Pop in and Play
- ★ High Score

Torfaen

- ★ Lego Club
- ★ Hope GB Swim Sessions

Month at a Glance – April



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1st	2nd	3rd BH Good Friday Centers Closed	4th	5th Easter Sunday
6th Bank Holiday Centre's are closed	7th Monmouthshire Coffee Morning for Parent Carers 10-11:30am Bridges Centre, NP25 5AS	8th	9th Carer's Risca Coffee afternoon 12pm – 1:30pm The Sycamore Centre Risca	10th	11th Dad's Group Gwent @ Serennu 10am-12pm	12th
13th Carer's Bargoed Coffee Morning 11am – 12:30pm Murray's Bar Bargoed	14th Neurodiverse Support Group Rhymney Library 10am -12pm	15th	16th ADHD+ support group @ Serennu 10am-12pm You Get Me! ND Peer Support Group St. James ICC 10am – 12pm	17th Neurodiversi-Tea & Chat Friendship group (Parent/ Carer) Cefn Hengoed Community Centre 10am - 12pm Carer's Caerphilly Coffee afternoon 2pm – 3:30pm The Old Library Caerphilly	18th	19th
20th	21st	22nd	23rd	24th	25th	26th
27th ADHD+ support group @ Serennu 5.30pm-7.30pm	28th Carer's Blackwood Coffee Morning 10:30amm – 12:00pm McKenzie Café	29th Neurodiverse Support Group Rhymney Library 10am -12pm	30th You Get Me! ND Peer Support Group St. James ICC 10am – 12pm			



FREE CINEMA FOR SPARKLE MEMBERS

MEDICINEMA 
feel better with film

See the latest releases in our state-of-the-art MediCinema right here at Serennu Children's Centre, Newport!

- Step 1:** Scan the QR code to register with Sparkle Serennu
- Step 2:** Sparkle Serennu will review your referral and confirm eligibility
- Step 3:** Once registered tickets can be booked online free of charge each week via eventbrite




Scan to enquire or visit
www.sparkleappeal.org/serennu/medicinema
or email: abb.medicinema@wales.nhs.uk

Designed to allow children and young people with complex disabilities and developmental delays to access the latest releases within a safe and comfortable environment

In partnership with



Registered Charity No: 1058197
Registered in Scotland No: SC039704 

You can now access recordings of some of our workshops, including Exploring Behaviours That Can Challenge, Introduction to Sleep, and Supporting Anxiety in Children.

To access them, either follow the link or scan the QR codes below.



EXPLORING BEHAVIOURS THAT CAN CHALLENGE

We share ideas behind behaviour support and help you to understand and respond to behaviours that can often challenge.

<https://youtu.be/KXfMgk-sL4k>

SUPPORTING ANXIETY IN CHILDREN

We share ideas about how to support children and young people with anxiety and worry.

<https://youtu.be/nH-YXw4ZWYE>



INTRODUCTION TO SLEEP

We share ideas about how to manage common sleep difficulties in children and young people.

<https://youtu.be/YoM9LKSmRZ8>



DADS GROUP GWENT



**Dads Group
Gwent**

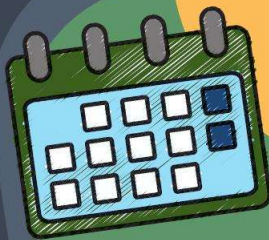
Support for dads of children with
disabilities and/or developmental
difficulties



NEW Virtual Support Sessions

Session 1 will be a session to discuss concerns about your children's behaviour.

We will share stories, consider what might be behind the behaviour and offer advice based on personal experiences.



**Saturday 28th
March 2026
10am til 12 noon**

**Email to request
access to this
session**



Supported By



For registration or further information
<https://dadsgrouppwentwixsite.com/website> or
email dadsgrouppwent@gmail.com



Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board



School Nursing
Service
Gwasanaeth
Nursio Ysgol



Looked After
Children
Plant Sy'n
Derbyn Gofal

SMS Text Service for parents/carers of children 5-16

07507 330206

Text our specialist
nurses for advice &
support with your
child's health &
wellbeing (ages 5-16)



Anxiety
Wellbeing
Toileting
Immunisations
Low Mood
Exam Stress
Self Harm
Behaviour
Relationships
Healthy Eating
& more...

Texts are replied to Monday - Friday 8:30 - 16:30 (excluding bank holidays)
If you need help in the meantime, visit GP out of hours by calling NHS 111. If it is an emergency, dial 999 or visit A&E.
Powered by Chat Health NHS | bit.ly/ChatHealthPrivacy

We're excited to launch Parent/CarerLine! A new SMS text service for parents/carers of children aged 5 to 16 in **Aneurin Bevan University Health Board**.

Text our nurses on 07507 330206 for advice and support with your child's health and wellbeing. Our nurses can help with a range of physical and emotional health issues, including: Emotional Wellbeing, Toileting, Immunisations, Low Mood, Exam Stress, Self Harm, Behaviour, Relationships, Healthy Eating & more.

** Texts in at anytime, texts will be seen/replied to Monday - Friday 9:00 - 16:00 (excluding bank holidays). If you need help in the meantime, visit GP out of hours by calling NHS 111. If it is an emergency, dial 999 or visit A&E.





MULTI-SPORT

JOIN OUR MULTI-SPORT SESSIONS FOR CHILDREN WITH ALN & DISABILITIES.

FUN, WELCOMING, AND FULLY INCLUSIVE

DATES	TIME	COST
SATURDAY 21/02/26	12PM - 1PM	£5.00
SATURDAY 21/03/26	12PM - 1PM	£5.00
SATURDAY 25/04/26	12PM - 1PM	£5.00

SPECIAL OFFER: £13.50 FOR ALL 3 SESSIONS WHEN BOOKED AS A BLOCK

ME






Show Date: 30th April 2026 Show Hours: 10:00 AM – 4:00 PM


Feel free to arrive at any time during the day — there's no need to be there right at the start.


The 2026 show will feature a bustling exhibition floor packed with organisations offering advice, support, products, and services tailored to the neurodivergent community. Plus, enjoy a full schedule of insightful seminars running throughout the day across two dedicated seminar rooms.


After an amazing year in 2025, the National Neurodiversity Show is back for 2026 — bigger and better than ever, with an expanded programme across four inspiring events nationwide.

This year's shows bring together experts, organisations, and the community to celebrate strengths, share knowledge, and provide practical support.

 **Unlimited Seminars** – All visitor tickets include unlimited access to an extensive programme of seminars, delivered by leading specialists, advocates, and those with lived experience. Expect practical advice, the latest research, and real-world strategies you can put into action, as well as lived experience.

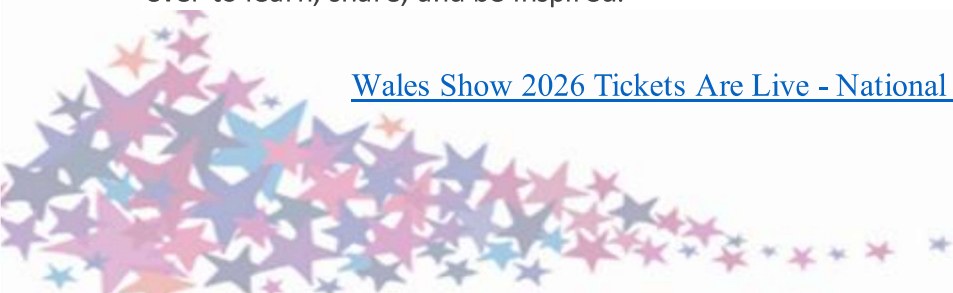
 **Guidance & Advice** – From experienced topic expert exhibitors to support organisations, you'll find tailored information and advice to help you, your family, or your organisation better understand and support neurodivergence.

 **Inclusive Experience** – Each venue is equipped with dedicated quiet rooms to provide calm spaces throughout the day, ensuring an accessible and supportive environment for all visitors.

 **On-Site Refreshments** – Enjoy a choice of food and drink at the venue's cafés, giving you the chance to recharge and connect with others between sessions. *These are provided by the venue at each event and menus will differ. We will post menus as soon as we have them.

Whether you're an individual, parent, educator, employer, healthcare professional, or part of the neurodivergent community, the National Neurodiversity Show 2026 offers more opportunities than ever to learn, share, and be inspired.

[Wales Show 2026 Tickets Are Live - National Neurodiversity Shows](#)





HwbGofalwyr
Gwent
CarersHub

Carers Support Group

Every Monday 10am-2pm
at the Gwent Carers Hub



Come along for a chat and a cuppa

Location:

**The Gwent Carers Hub
3 Central Mews, Off Market Street
Pontypool NP4 6JN**

Contact information:

**Email: gwentcarershub@adferiad.org
01495 367564**





SEREN DWT

MONTHLY MEET!

FOR 0-5 YR OLDS WITH DOWN SYNDROME

THURSDAY 22nd January
FRIDAY 27th February
THURSDAY 12th March
THURSDAY 16th April

Come and join us for a play, cuppa and chat!
FREE! No booking necessary.
Parents, guardians, grandparents and siblings very welcome.

Dates for 2026!

10am - 12noon
Drop in any time!



- Join us at:
'Growing Stronger Together' Centre
Unit 4a, Seawall Court,
Seawall Road
CF24 5TH

- What3Words location:
///behave.smiles.ranges



Sensory Room
Play rooms
Messy play room
Teas/coffees/snacks



serendwt21@gmail.com





National
Autistic
Society

PEER SUPPORT 2026

HEY THERE! WE'RE A GROUP FOR AUTISTIC ADULTS WHO JUST WANT A RELAXED, SUPPORTIVE SPACE TO HANG OUT, SHARE EXPERIENCES, AND CONNECT WITH OTHERS WHO GET IT.

THERE'S NO PRESSURE HERE—WHETHER YOU FEEL LIKE CHATTING, LISTENING, OR JUST BEING AROUND PEOPLE WHO UNDERSTAND, YOU'RE WELCOME. WE'RE ALL ABOUT BUILDING COMMUNITY, CELEBRATING DIFFERENCES, AND MAKING SURE EVERYONE FEELS INCLUDED.

THERE WILL BE A LARGE TABLE BOOKED UPSTAIRS, AND WE WILL HAVE A FEW BOARD GAMES.

YOU WILL BE ABLE TO ORDER FOOD, THE VENUE HAS A GREAT MENU AND IT'LL BE TAPAS TUESDAY.

JUST ASK FOR JADE OR JOE OR FIND US UPSTAIRS.

FINO LOUNGE



49 MERTHYR ROAD, CARDIFF, CF14 1DB

PARKING AVAILABLE @MERTHYR ROAD PAY AND DISPLAY CAR PARK



CARDIFF BUS 23 OR 24

SUGGESTED DONATION £2.

FOR MORE INFO: JADE.BEYNON@NAS-VOLUNTEERS.ORG.UK

JANUARY 20TH 6PM - 8PM

APRIL 21ST 6PM - 8PM

FEBRUARY 17TH 6PM - 8PM

MAY 12TH 6PM - 8PM

MARCH 17TH 6PM - 8PM

JUNE 9TH 6PM - 8PM





CWMBRAN BARBERS

SUPPORTING CHILDREN WITH ADDITIONAL NEEDS

A calm, patient barbering experience
for children with ADHD, Autism and sensory sensitivities

At Cwmbran Barbers, we are committed to **creating a welcoming environment for every child.**

With over 23 years serving the local community, we understand that some children need extra time, reassurance and flexibility during haircuts.

Our team works closely with parents, carers and educators to ensure each visit is **positive, safe and supportive.**

WORKING WITH SCHOOLS & NURSERIES

We welcome collaboration with local schools and early years providers to support children who may find haircuts challenging.

We're happy to:

- Meet staff and build relationships
- Develop tailored approaches
- Offer familiarisation visits
- Support individual needs

We adapt to the child – not the other way around.

“Every child deserves a positive experience.”

CWMBRAN BARBERS

Community trusted for 23 years

☎ 01633 867175

✉ cwmbranbarbers@gmail.com

📍 27 The Parade, Cwmbran Dr, Cwmbran NP44 1PB

Disability Can Do

Working on Wellbeing

Do you want to meet like-minded people?
Are you looking to build confidence?
Would you like to upskill?

Working with disabled individuals
around their career goals
and how these goals can be achieved.

SCAN ME



IF YOU...

- Identify as having a disability or condition
- Are unemployed
- Are 16 and over
- Live in Gwent

WE CAN HELP YOU



WoW@disabilitycando.org.uk

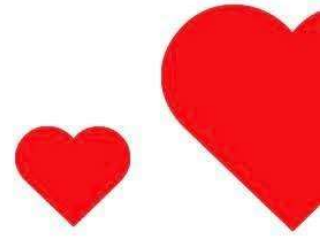
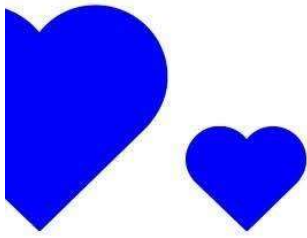
Working
on Wellbeing



01495 233555



Are you supporting a child with ND/ADHD and would like to join a peer support group?



Peer Support For Adult Parent/Carers of ND children.

Run By Volunteers With Lived Experience.

No Diagnosis Needed
Based In Gwent
Regular Face-To-Face Meetings
Friendly, Supportive And Non-Judgemental
Focus On ADHD Plus Other Neurodivergent Conditions
Such As Autism.

Our Current Groups (please check Facebook for updates and changes) TERM TIME ONLY:

First Wednesday 10am-12 USW Newport City Centre

Second Friday 10am-12 Thornhill Community Centre, Cwmbran

Third Thursday 10am-12 Serennu Centre Rogerstone

Fourth Monday 5:30pm-7:30pm Serennu Centre Rogerstone

New Abergavenny group coming soon!



Find us on Facebook
ADHD + Newport





SPRING

EXCLUSIVE INCLUSIVE SEN / ALN SESSIONS

- SUN 22 MARCH (10AM-12PM)
- SAT 25 APRIL (10AM-12PM)
- WED 27 MAY (MAY HALF TERM) (10AM-12PM)

ALL BOOKINGS ARE TO BE MADE IN
ADVANCE AND NUMBERS ARE LIMITED
SO PLEASE BOOK EARLY TO AVOID
DISSAPPOINTMENT



www.parcplay.com/book

PARC
all weather play





GIDDYKIDDYS
PLAYCENTRE

£9
per child

Wednesday, April 1st

ALN SESSION
EASTER PARTY

AT GIDDYKIDDYS
PLAYCENTRE

10AM - 12PM

Join us for a fun and inclusive
Easter celebration!

-  Visit from the Easter Bunny
-  Photos and dancing
-  Bubble machine fun
-  Gift for every child
-  Hot meal included

Limited spaces available - book early!

Just £9 per child

Payment required upon booking · Non-refundable

FREE
DONATIONS
WELCOME

Salvaged Creations Wales

MAKE
CREATING TOGETHER



LEARN THROUGH PLAY
AND RECYCLED CRAFTS!

CHILDREN & YOUNG PEOPLE



EASTER SESSION

MONDAY 30TH MARCH

EGG HUNT

**Markham Miner's
Institute**

11AM - 12:30PM

ALN ONLY / QUIET SESSION

OR

1:30-3:00PM

GENERAL SESSION



**Prospect Gwyliau Gwaith Chwarae
Playworks Holiday Project**

TURN UP ON THE DAY.



**LIMITED
NUMBERS!**

**SUGGESTED AGE
RANGE
3-15 YEARS**



Blaenau Gwent

WELLBEING WEDNESDAYS FOR PARENTS



LMI
LLANHILLETH
MINERS INSTITUTE
The heart of the community



Gwent Association of Voluntary Organisations
Cymdeithas Mudiadau Gwirfoddol Gwent

A free 3 week wellbeing programme created especially for parents in Blaenau Gwent.

DAY 1: 04/03/2026	Lunch 11:30 - 12PM	Arts & Crafts 12 - 1:15PM	Candle Decorating 1:15 - 2:30PM
DAY 2: 11/03/2026	Lunch 11:30 - 12PM	Terrarium Making 12 - 1:15PM	Relaxation Workshop 1:15 - 2:30PM
DAY 3: 18/03/2026	Lunch 11:30 - 12PM	Winter Superfood 12 - 1:30PM	Mocktail Making 1:30 - 2:30PM



For more information
contact Llanhilleth
Miners Institute on:
01495 400204 ext. 133

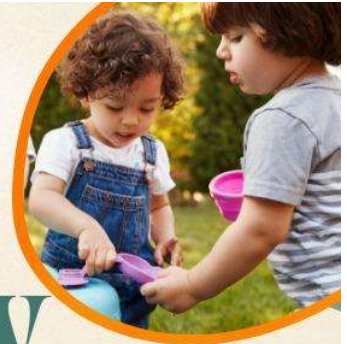




Dyngor Bwrdeistref Siro
Blaenau Gwent
County Borough Council

Coming Soon...

The Family Support Hub



One Stop Shop!

More info to follow

- Family Support
- Childcare Queries
- Additional Needs Support
- Parent and Toddler Groups
- Flying Start Queries
- Families First
- Careers in Early Years, Childcare and Play
- Local Family Events
- Antenatal Support



Launching
1st April 2026








Cymric Netball Clwb

An inclusive Netball Club
in Blaenau Gwent



Join our welcoming community
sessions open to all
Ebbw Vale Sports Centre

-  @cnc_cymricnetballclwb
-  Cymricnetballclub@hotmail.com
-  Cymric Netball Clwb



Caerphilly



CAERPHILLY MINERS COMMUNITY TRANSPORT SCHEME

Need help getting to appointments or activities?

Our community transport scheme is available for everyone adults, families, or individuals – to travel to:

- **Hospital appointments**
- **GP, dentist visits and opticians**
- **Activities at Caerphilly Miners Centre**
- **Appointments at the Wellness Hub**

Transport is subject to availability, and costs will be provided at the time of booking. Phone lines are open Wednesday and Thursday, 9 a.m. – 2 p.m. To book your journey, please call:

02921 674242



Contact Details

☎ 029 2167 4242

🌐 www.caerphillyminerscentre.co.uk

✉ events@caerphillyminerscentre.org.uk

📍 Caerphilly Miners Centre
Watford Road
Caerphilly
CF83 1BJ



📱 SCAN ME



OUR VALUES
FOR GROWING
TOGETHER

- 1. PUT PEOPLE FIRST
- 2. BE BETTER EVERY DAY
- 3. BRING POSITIVE ENERGY
- 4. DO THE RIGHT THING THE RIGHT WAY



EASTER HUNT

2 APRIL | THURSDAY, FREE
2026 | **11-12**

EGG HUNT, GAMES, MEET THE EASTER BUNNY,
INFLATABLES & MUCH MORE!

11-12



ST JAMES ICC CF83 3GT.

USE BOOKING LINK TO
BOOK YOUR SPACE.

For more information call:01443875444



Monmouthshire

DAY TIME DADS



AGES 0-3
YEARS ARE
WELCOME

1:30 -2:30

Active Play for Dads - Fridays in Term Time
Weekly sessions for dads & male carers
Flying Start, Victoria Estate
NP25 5AR
Text Gez ffi 07816 182432

DAD, DAD, DAD,
DAD, DAD, DAD,
DAD, DAD, DAD,





monmouthshire
sir fynwy

Accessible Library Sessions

A calm and welcoming
space for you and your child



Who are these sessions for?

These sessions are friendly and supportive for:

- Autistic individuals
- Neurodivergent (ND) people
- People with learning disabilities (LD)
- People with additional learning needs (ALN)

Locations and Dates

Abergavenny Library

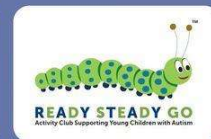
First Tuesday
of every month
5–6pm

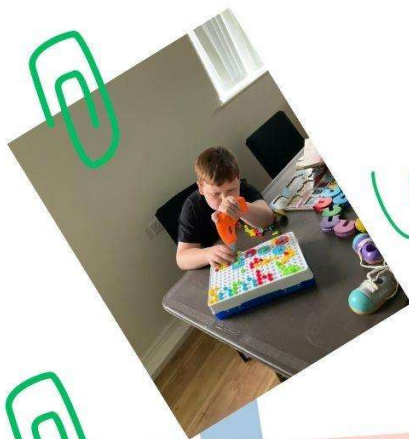
Caldicot Library

Second Tuesday
of every month
5–6pm



This pilot project runs from April to September 2026.
Everyone is welcome. We look forward to seeing you!





Welcome



READY STEADY GO
Activity Club for Young Children with Autism

Ages 3 - 19 yrs old



Our Activity Clubs & Youth Clubs in the South & North of Monmouthshire were established in 2018. We currently support 60 children aged 3 - 19 and their families.

WHO WE ARE

We are Ready Steady Go Registered Charity and have been supporting autistic children who live in Monmouthshire since 2018. We help support children who struggle with attending mainstream clubs and activities and we aim to offer a safe and considerate environment to flourish in. Siblings are invited to attend activities and parent carers have the opportunity to meet and build friendships with other families.

TO REGISTER INTEREST

Please email :
admin@readysteadygoclub.co.uk

ACTIVITY CLUB SESSIONS WITH AN EMPHASIS ON PLAY

- Lego
- Arts & Crafts
- Sensory area
- Toys
- Life skills



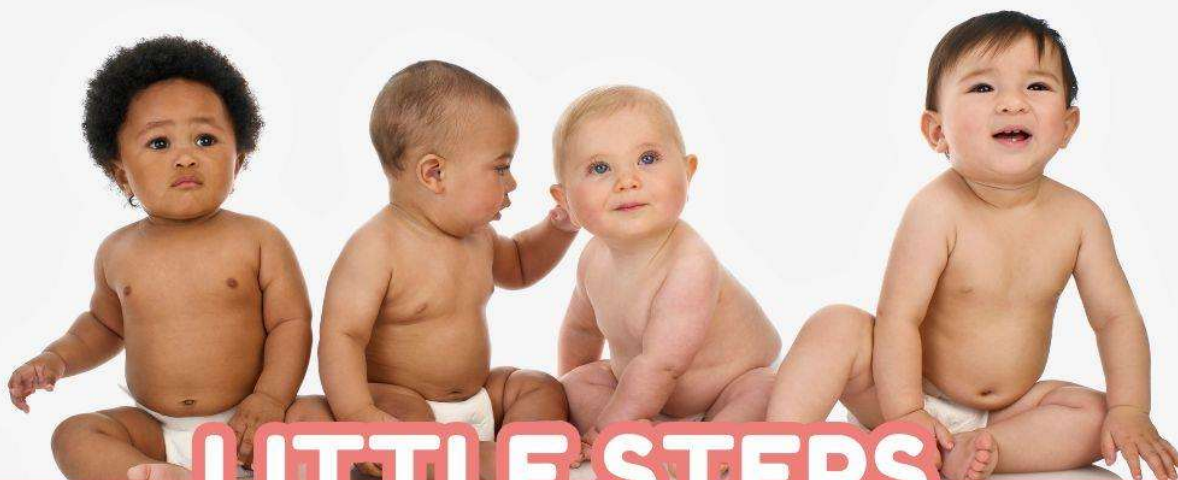
Activity Club sessions run after school on a Wednesday & Thursday
Youth Club sessions run 6.30 pm - 8.00 pm on a Thursday

Our families also enjoy seasonal parties & events and regular external exclusive activities such as Gym, Farm visits, Swimming & Horse-riding

Ready Steady Go also offer a comprehensive programme of supported school holiday trips and activities



Newport



LITTLE STEPS DROP - IN CLINIC

Wednesdays, 12:00 - 2:00pm

Central Clinic, Tredegar Street, Newport NP20 2BE

- **Weaning & Healthy Eating**
- **Sleep & Behaviour**
- **Toilet training & routines**
- **Child development & Play**
- **Have your child weighed**



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board



DEWCH I CHWARAE

SIARAD CHWARAE CANU

Grŵp hwyl, am ddim i rieni a phlant rhwng 12 a 36 mis.



Mae'r grŵp hwn yn annog datblygiad plant drwy chwarae blêr, synhwyraidd a rhydd, yn ogystal â chanu a storïau.

POP IN AND PLAY

TALK PLAY SING

A fun, free group for parents and children for children between 12 and 36 months.

This group encourages child's development through messy, sensory and free play plus singing and stories.

I gofrestru eich diddordeb mewn grŵp Galw i Mewn a Chwarae, sganiwch y Cod QR



To register your interest in a Pop In and Play group please scan the QR Code



Dysgwch fwy am gefnogi eich plentyn i siarad yn:
Find out more about supporting your child's talking at:

www.newport.gov.uk/fis



NEWPORT
COUNCIL
&
CASNEWYDD



HIGH SCORE



[Free Play Arcade | High Score Newport | England](#)

High Score Newport is a free-play amusement centre, packed with over 80 games to either reminisce or play for the first time. From old school classics including Space Invaders and Pac-Man to pinball, sports games and the newest arcade fun, there's something for everyone to enjoy.

Put the pedal to the metal and go head-to-head with your friends on the latest racing games or challenge your family and see who can reach the highest spot on the High Score leaderboard. Whether you're looking for a family day out, a date night idea or a fun-filled day with friends, High Score has got you covered.

High Score SEN Quiet Hour

Our Quiet Hour runs once a month with a reduced capacity to ensure that High Score really is "Free-Play fun for Everyone!".

Our machine volumes are turned down whilst still allowing everyone to have a great gaming experience. Carers are welcome to attend and join in with the fun!

[BOOK NOW](#)

Upcoming SEN Quiet Hour dates:

- 17th August
- 24th August
- 31st August
- 21st September
- 26th October
- 16th November
- 14th December
- 11th January 2026
- 15th February 2026
- 29th March 2026



Torfaen

Torfaen Play & Short Breaks Service
Providing a variety of fun and interactive sessions in the heart of the community.



LEGO CLUB

Encouraging creative skills, self-confidence, resilience, interaction and wellbeing.

EVERY MONDAY
4:00PM - 5:00 PM
5 - 11 years old

FREE OF CHARGE

BOOKING REQUIRED
To make a booking or for more information please contact:
torfaenplay@torfaen.gov.uk

Cwmbran Library
Gwent House
Gwent Square
Cwmbran
NP44 1XQ




Pontypool Community Council
supported by Torfaen Play



LEGO AND PLAY

Encouraging creative skills, self-confidence, resilience, interaction and wellbeing.

EVERY TUESDAY
4:00PM - 5:30 PM
5 - 11 years old

FREE OF CHARGE

BOOKING REQUIRED
To make a booking or for more information please contact:
torfaenplay@torfaen.gov.uk

Torfaen County Borough Council,
Civic Centre,
Pontypool,
NP4 6YB




 @chwaraetorfaentorfaenplay
  Chwarae Torfaen Torfaen Play
  @torfaenplayservice
  torfaenplay@torfaen.gov.uk


Cwmbrân
Cwmbran Library

 @chwaraetorfaentorfaenplay
  Chwarae Torfaen Torfaen Play
  @torfaenplayservice
  torfaenplay@torfaen.gov.uk


Pontypool Community Council
Cyngor Cymuned Pwll-Pwll





Pontypool Community Council
supported by Torfaen Play



LEGO CLUB 2

Encouraging creative skills, self-confidence, resilience, interaction and wellbeing.

EVERY WEDNESDAY
4:00PM - 5:30 PM
5 - 11 years old

BOOKING REQUIRED

To make a booking or for more information please contact:
torfaenplay@torfaen.gov.uk

FREE
OF CHARGE

**Torfaen County Borough Council,
Civic Centre,
Pontypool,
NP4 6YB**



@chwaraetorfaentorfaenplay

Chwarae Torfaen Torfaen Play

@torfaenplayservice

torfaenplay@torfaen.gov.uk





Dive Into Fun 🌊

Come and enjoy a relaxed, inclusive swim session at Pontypool Leisure Centre. This is perfect for families and anyone who'd like a quieter swim experience.

Dates available are:

🌟 Wednesday 1st April 2026

🌟 Wednesday 3rd June 2026

🕒 3:00pm – 4:00pm

📍 Pontypool Leisure Centre

🚗 Free parking available

👨👩👧👦 Children must be accompanied by an adult.

💷 £4 per adult/child (babies under 1 free)

🔗 Spaces are limited, book now: <https://hopegb.co.uk/hope-gb-events/>



Facebook & Instagram @sparkleappealofficial

Twitter @sparkleappeal

www.sparkleappeal.org

**The Family Liaison Service is available Monday to Friday
across all three Children's Centres**

Please see contact details below.



Family Liaison Service
(She/Her)

☎ 01633 748013

✉ ABB.FamilyLiaisonOfficer@wales.nhs.uk

🌐 www.sparkleappeal.org

★ Find out more by watching our Webinars!
Visit: www.sparkleappeal.org/about/webinars

