

WEEK 1 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07,
08/08, 29/08, 19/09, 10/10



Chartwells
So much more than fantastic food

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Chinese Egg Noodles Soft egg noodles served with delicious mixed vegetables	Allegra's BBQ Chicken Burger (H) Sweetcorn and Pineapple Relish BBQ chicken breast burger with zingy corn relish	Roast Chicken with Roast (H) Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Beef Bolognese (H) A classic Italian beef Bolognese in a yummy tomato sauce served with wholemeal pasta	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips
Alternative Dish	Macaroni Cheese Cheesy macaroni pasta	Allegra's Fruity Cous Cous with Mint Yoghurt and Flatbread Crisps	Quorn Roast with roast potatoes and Gravy Succulent Quorn roast served with fluffy roasties and rich gravy	Quorn Hot Dog Our favourite veggie hotdog served with ketchup in a soft roll served with potato wedges	Quorn Dippers and Chips Crispy Quorn nuggets served with chips and their fave sauce – ketchup
Third Choice	Jacket Potato with Salmon Mayonnaise 				
Salads Bar	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Jacket Potato	Jacket Potato with a choice of fillings Tuna, Cheese or Baked Beans	Jacket Potato with a choice of fillings Tuna, Cheese or Baked Beans	Jacket Potato with a choice of fillings Tuna, Cheese or Baked Beans	Jacket Potato with a choice of fillings Tuna, Cheese or Baked Beans	Jacket Potato with a choice of fillings Tuna, Cheese or Baked Beans
Salad Bar	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Green Beans and Sweetcorn	Peas and Coleslaw	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas
Desserts	Raspberry Ripple Ice-Cream	Orange Drizzle Cake	Shortbread Biscuit with Fruit Slices	Pineapple Upside Down Cake with Custard	Chocolate and Raspberry Swirl Cake

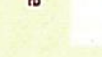
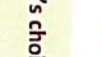
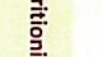
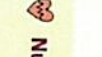
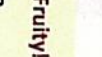
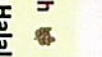
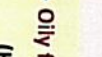
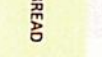
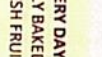
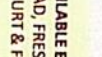
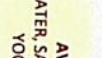
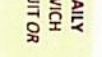
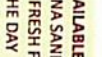
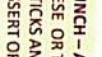
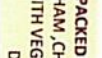
PACKED LUNCH – AVAILABLE DAILY
HAM, CHEESE OR TUNA SANDWICH
WITH VEG STICKS AND FRESH FRUIT OR
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT & FRESH FRUIT

Vegetarian Fruity! Halal Option Available
 Fruity! Nutritionist's choice
 Oily fish Wholegrain



SPRING/SUMMER 2022



WEEK 2 MENU

W/C: 02/05, 23/05, 13/06, 04/07, 25/07, 15/08, 05/09, 26/09, 17/10



Chartwells
So much more than fantastic food

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese and Tomato Pizza
Cheesy tomato pizza slice
Served with Potato wedges

Pork Sausages (H)
Traditional Pork or Chicken sausages served with mash potatoes and rich gravy

Roast Turkey with (H) Roast Potatoes and Gravy
Succulent roast turkey with fluffy roast potatoes and tasty gravy

Cottage Pie (H)
A classic cottage pie with veg and gravy

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish

Veggie Bolognese
Penne pasta in a yummy tomato sauce served with wholemeal pasta

The Incredible Burger
served with Potato Wedges

Creamy Vegetable Pie
with Roast Potatoes and Gravy
Creamy vegetable pie with a cheesy shortcrust topper

Mild Chickpea And Potato Curry
Served with wholegrain rice

Quorn Dippers and Chips
Crispy Quorn nuggets served with chips and their fave sauce – ketchup

Salad Bar

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

Jacket Potato

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Salad Bar

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Vegetables

Sweetcorn and Peas

Peas and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts

Flapjack
with Fruit Slices

Orange Shortbread
with Fruit Slice

Crunchy Chocolate Biscuit

Fruity Chocolate Brownie

Chocolate Shortbread

SPRING/SUMMER 2022

PACKED LUNCH – AVAILABLE DAILY
HAM, CHEESE OR TUNA SANDWICH WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD YOGHURT & FRESH FRUIT

Vegetarian

Oily fish

Wholegrain

Fruity!

Nutritionist's choice

(H) Halal Option Available



WEEK 3 MENU

W/C: 09/05, 30/05, 20/06, 11/07, 01/08,
22/08, 12/09, 03/10, 24/10



Chartwells
So much more than fantastic food

MONDAY

Hot Main Dish
Vegetable Supreme Pizza
with potato wedges

TUESDAY
Sweet and Sour (H) Chicken
Served with Wholegrain Rice

WEDNESDAY
Roast Beef (H) with Yorkshire Pudding and Gravy
Succulent roast beef with creamy mash potatoes and tasty gravy

THURSDAY
Beef Meatballs in Tomato Sauce, Halal BBQ Chicken Meatballs (H)
Served with Wholegrain Pasta

FRIDAY
Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish
Macaroni Cheese
Cheesy Macaroni Pasta

Veggie Balls in Tomato Sauce
Herby vegetarian ball served in a rich tomato sauce with wholemeal pasta

Quorn Roast Served with Yorkshire Pudding and Gravy
Succulent Quorn roast served with creamy mash potatoes and rich gravy

Veggie Lasagne
served with a bread wedge
Delicious sheets of pasta layered with veggies and tomato sauce

BBQ Veggie Burger
Quorn Pattie in a Soft Bun Topped with BBQ Sauce

Salad Bar
A Selection of Fresh Salads including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Jacket Potato
With a choice of fillings
Tuna, Cheese or Baked Beans

Salad Bar
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Tomato Pasta
A delicious fresh, homemade tomato sauce with penne pasta

Vegetables
Peas and Sweetcorn

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts
Oatle Biscuit with Fruit Slices

Pineapple and Peach Crumble with Custard

Lemon Drizzle Cake

Chocolate Slice

Crispy Crackle Bar with Fruit Slices

SPRING/SUMMER 2022

PACKED LUNCH – AVAILABLE DAILY
HAM, CHEESE OR TUNA SANDWICH
WITH VEG STICKS AND FRESH FRUIT OR
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice
(H) Halal Option Available

