



Circle of Security® PARENTING SERIES

"There is no such thing as a 'perfect parent'... all my child needs, is for me to be just good enough".

THE CIRCLE OF SECURITY PARENTING SERIES IS ABOUT UNLOCKING THE MYSTERIES WE FEEL AS PARENTS AND CAREGIVERS WHEN ATTEMPTING TO UNDERSTAND OUR CHILD, THEIR FEELINGS AND BEHAVIOURS.

Place - Bettws In Bloom building

Time – 12.45pm to 2.45pm

Tuesdays, starting 13/01/26 to 24/03/2026 (break for half term week)

Free for Newport Parent/Carers. Scan QR code opposite to register your place and reserve a creche place for your child under 4yrs old

PLACES ARE STRICTLY LIMITED



At times, all parents feel lost or without a clue about what our child might need from us.

Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security® Parent™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Aims

- Understand your child's emotional world by learning to read their emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Improve communication and relationships
- [Resources for Parents - Circle of Security International](#)



Circle of Security
INTERNATIONAL
Early Intervention Program for Parents & Children

