



AT LLISWERRY HIGH SCHOOL

NASH ROAD, NEWPORT, NP19 4RP

STARTING TUESDAY 6TH JANUARY 2026

(NEW PLAYERS CAN JOIN AT ANYTIME DURING THE YEAR (PROVIDING PLACES ARE AVAILABLE))



Tony Capaldi



Group 1	5:00pm – 6:00pm	Ages 4 - 6
Group 2	6:00pm – 7:00pm	Ages 7 - 8
Group 3	7:00pm – 8:00pm	Ages 9 - 12

Dear Parents,

I am delighted to inform you that following the success of previous year's courses we are expanding the football coaching programme for the season. **The course will run on a weekly basis EVERY TUESDAY during school term times.**

All of our courses are run by **F.A. QUALIFIED COACHES INCLUDING FORMER CARDIFF CITY & INTERNATIONAL FOOTBALLER TONY CAPALDI.** All of our coaches have been DBS/CRB POLICE CHECKED. The course is open to Boys and Girls aged between 4 and 12. All abilities are catered for with total beginners introduced through FUN and confidence building practices. The course is tightly structured to ensure all aspects of football skills are developed.

At the end of the term (usually 10-15 weeks) every child will receive an engraved merit trophy and course certificate, with chances to win extra trophies including penalty shoot out, american shoot out and champions league competitions.

The cost of the course is £7.50 per week, which is payable every four weeks (£30) with the first payment due on week one. Parents are welcome to stay and watch however the club is fully supervised so children may be left in our care. **We have the use of excellent facilities with the course held indoors in the large sports hall.**

TO BOOK A PLACE ON TO THE COURSE PLEASE TEXT NEWPORT + CHILD'S NAME & AGE + GROUP NUMBER

and receive confirmation by text

07856 315 637

Tony Capaldi (Head Coach) Steven Nugent (Course Co-ordinator)