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**Week 1 – Tuesday**

Allegra's Chicken Filo Pie -

Replaced with

Chicken Korma with Wholegrain and White Rice

**Week 2 – Tuesday**

Allegra's Oodles of Noodles

Replaced with

Chinese Veggie Noodles

**Week 3 – Tuesday**

Allegra's Garlicky Chicken and Spanish Spuds

Replaced with

BBQ Chicken Wrap with Wedges

Apple and Carrot Yoghurt Muffin

Replaced with

Carrot Cake with Citrus Frosting

This change of menu will start from 29<sup>th</sup> November , which will be week 2 of the cycle.

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