

Healthy Schools

Relationships

And

Sexuality

Education

Growing Up

Information for Parents/carers

Our school will be teaching Relationships and Sexuality Education as part of our school curriculum.

The purpose of this booklet is to provide you with information on what will be introduced to the children.

- Circle time activities
- The "Growing Up" Resource
- Sense resources
- Story books
- Curriculum subjects e.g. Science, Religious Education.



Learning Outcomes for the Foundation Phase

By the end of Foundation Phase, pupils will be able to:

- Reflect on the importance of friendship and what it is to be a good friend.
- Reflect on similarities and differences between people
- Differentiate between appropriate and inappropriate touching in order for children to understand how to keep themselves safe.
- Use the correct words to name parts of the body in order to differentiate between male and female. The terms we will be using are penis, testicles, breasts and vagina.

Learning Outcomes Years 3/4

Following a series of lessons pupils will:

- Understand the importance of their personal safety
- Understand what to do or to whom to go when feeling unsafe.
- Take increasing responsibility for keeping the mind a body safe and healthy
- Value families and friends as a source of mutual support.
- Develop respect for themselves and others.
- Understand how cultural and religious beliefs can affect the way people think.
- Respect differences and acknowledge the importance of equality and equal opportunities.

Learning Outcomes Years 5/6

Following a series of lessons pupils will:

- Have a more developed understanding of the learning outcomes from Years 3/4
- Understand the range of their own and others' feelings and emotions.
- Know what to do or who to turn to when they are not feeling safe.

Our Relationships and Sexuality Education Policy is available on our website.