



Does your child have an **eating disorder**?

### **F.E.A.S.T is here to help!**

**F.E.A.S.T.** (Families Empowered and Supporting Treatment for Eating Disorders) is a global community focused on educating, supporting, and empowering parents as caregivers and advocates. We are here to help you understand your son or daughter's eating disorder and give you the information and the tools necessary that you need to **help them recover and thrive.**

### **F.E.A.S.T. offers great FREE resources to families all over the world:**

**Our website** provides a wealth of valuable information and resources: [feast-ed.org](https://feast-ed.org)

**F.E.A.S.T.'s FIRST30Days program** will enable you to transform yourself into an empowered and effective caregiver:

[feast-ed.org/register-now-for-our-30-day-educational-service](https://feast-ed.org/register-now-for-our-30-day-educational-service)

**F.E.A.S.T. has three moderated forums** that offer advice, guidance, and support from other parents who have been in your shoes.

Since our forums are international, they run 24/7.

[Around the Dinner Table Forum](https://aroundthedinnertable.org) (aroundthedinnertable.org)

#### **Two Facebook forums:**

[facebook.com/groups/ATDTCarerSupportGroup](https://facebook.com/groups/ATDTCarerSupportGroup) (English)

[facebook.com/groups/2460046987360926](https://facebook.com/groups/2460046987360926) (Spanish)

**Our Parent Support Team** is available to answer any questions you may have at [parentsupport@feast-ed.org](mailto:parentsupport@feast-ed.org)

**See what F.E.A.S.T. is all about!** We believe in families, we believe in full recovery, and we believe information is power and good treatment saves lives.

We're sorry you need us, but we would love to welcome you to our community.

**We are here because we've been there. – [feast-ed.org](https://feast-ed.org)**

