



Children's Centre Psychology/ Occupational Therapy Service: Introduction to Sensory Processing Parent/Carer Workshop



This parent/carers workshop is a collaborative workshop between Children's Centre Psychology and the Occupational Therapy Service. We will share advice and information to help you to:

- understand our different senses and consider how we process information using these senses
- Explore the different ways that our children can experience sensory difficulties
- Consider the "Iceberg effect" and the importance of being a good detective to fully understand our children's behaviours
- Explore how anxiety can impact sensory tolerances
- Think about when it is important to intervene
- Develop a sensory toolkit to support our children to manage their sensory difficulties



Wednesday 13th March: 10am-12noon

(Closing date for bookings will be 6th March, however, closing date to pose questions will be 28th February)

If you would like to book on this workshop then you can either scan the QR code below; or follow the link:

<https://forms.office.com/e/kvGSqWyDNg>

