

Free Parent/Carer Support groups at Serennu Children's Centre Oct 2023 – March 2024

For more information on these groups or to receive a regular newsletter
from Serennu Children's Centre please contact:
Jayne or Sarah on - 01633 748013 or email - Family.Liaison.ABB@wales.nhs.uk

Dates & Times	Name Of Group	About The Group	Lead Contact
Thursday; 5 th Oct 7 th Dec 1 st Feb 7 th March <i>10am – 12 noon</i>	Newport Autism Support Group	For parents/carers/grandparents whose children have Autistic Spectrum Disorder and live in Gwent	Hilary Leadbeater 07899 906344
Thursday; 19 th Oct 16 th Nov 21 st Dec 18 th Jan 21 st March <i>10am – 12 noon</i>	ADHD+	For parents/carers/grandparents whose children have ADHD or any neurodiversity	Natalie Parnell / Marca Ridge 07977 455592
Monday; 23 rd Oct 27 th Nov 22 nd Jan 26 th Feb <i>5.30pm – 7.30pm</i>	ADHD+ Evening group	For parents/carers/grandparents whose children have ADHD or any neurodiversity	Natalie Parnell / Marca Ridge 07977 455592
Friday; 6 th Oct 10 th Nov 1 st Dec 12 th Jan 2 nd Feb 1 st March <i>10am – 12 noon</i>	Sparkle coffee mornings	For parents/carers/grandparents to come together and chat over a cuppa, on occasions there will be guest speakers.	Sarah Owen / Jayne Jones Family Liaison Officers 01633 478013
Saturday; 14 th Oct 11 th Nov 9 th Dec 13 th Jan 10 th Feb 9 th March <i>10am – 12 noon</i>	Dads Group	A support group for any Dad or Male Carer of a child/young person with a disability or developmental difficulty. It is an opportunity to meet with other Dads/Male carers in order to gain and provide mutual support based on personal experiences, knowledge and understanding.	Mike Charles Email: dadsgroupgwent@gmail.com