

WEEK 1

30/10, 20/11, 11/12, 22/01, 04/03, 25/03

MONDAY

Cheese and Tomato Pizza
Served with Potato Wedges



Classic Beef Burger (H)
Served with Potato Wedges

Macaroni Cheese
Served with Garlic and Herb Bread



Vegetarian Burger
Served with Potato Wedges



Jacket Potato
with a choice of Hot and Cold fillings

Jacket Potato
with a choice of Hot and Cold fillings
including Salmon mayo

TUESDAY

WEDNESDAY

Chicken & Vegetable Mash Pie (H)
Served with Gravy



Vegetable Pastry Roll
Served with Mash and Gravy



Beef Pasta Bolognese (H)
Served with Wholewheat Pasta
and Garlic & Herb Bread

Vegetarian Bolognese
Served with Warm Garlic & Herb
Bread



Jacket Potato
with a choice of Hot and Cold fillings

Jacket Potato
with a choice of Hot and Cold fillings

THURSDAY

FRIDAY

Breaded Fish Fingers
Served with Chips

Crispy Quorn Nuggets
Served with Chips



AUTUMN/WINTER 2023

DESSERT

Chocolate Brownie

Crispy Crackle Bar with Fruit



Carrot, Orange, and Sultana Sponge
With Fruit

Original Flapjack

Vanilla Ice Cream

PACKED LUNCH – AVAILABLE DAILY
Ham and Cheese sandwich available with veg sticks
and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Internal

(H) Halal Option Available

WEEK 2

06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and Tomato Pizza Served with Potato Wedges Vegetarian Cottage Pie Served With Gravy	Turkey Con Chilli (H) Served with Wholegrain Rice Mac 'n' Cheese Served with Garlic and Herb Bread	Roast Turkey (H) Served with Roast Potatoes & Gravy Cheesy Leek & Carrot Crumble Served with Roast Potatoes & Gravy	Pork Sausage or Halal Chicken(H) Sausage Pasta Bake Served with Garlic & Herb Bread Breaded Fish Fingers Served with Chips	Breaded Fish Fingers Served with Chips Veggie Dippers Served with Chips
Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of hot and cold fillings	Jacket Potato with a choice of filling
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta				
All main meals are served with two vegetables				
Apple Crumble with Custard	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake with Fruit	Strawberry Ice Cream
PACKED LUNCH - AVAILABLE DAILY Hot and Cold Sandwiches, Salads, Soups, Smoothies and Fresh Fruit or Dessert of the day				
AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit				
Vegetarian Fruity! Nutritionist's Choice Wholegrain H) Halal Option Available				

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Internal

WEEK 3

13/11, 04/12, 15/01, 05/02, 26/02, 18/03

MONDAY

Cheese and Tomato Pizza
Served with Potato Wedges

Chilli No Carne with Crispy Tortilla
Served with Wholegrain Rice and Garlic & Herb Bread

Jacket Potato
with a choice of hot and cold fillings

TUESDAY

Cottage Pie (H)
Served with Gravy

Cauliflower Mac 'n' Cheese
Served with Garlic and Herb Bread

Jacket Potato
with a choice of hot and cold fillings

WEDNESDAY

Roast Beef (H)
Served with Roast Potatoes & Gravy

Sweet Potato & Chickpea Roast
Served with Roast Potatoes & Gravy

Jacket Potato
with a choice of hot and cold fillings

THURSDAY

Chicken and Vegetable Korma (H)
Served with Wholegrain Rice

Vegetarian Lasagne
Served with Garlic Bread

Jacket Potato
with a choice of hot and cold fillings

FRIDAY

Southern Fried Chicken (H)
Served with Chips

Crispy Quorn Nuggets
Served with Chips

Jacket Potato
with a choice of hot and cold fillings

DESSERT

Magic Apple and Cinnamon
Bake with Fruit

Crispy Crackle Bar

Banana Cake with
Fruit

Pineapple Upside Down
Cake with Custard

Chocolate Ice Cream with
Shortbread Biscuit

FRAGILE LUNCH - AVAILABLE ONLY
When food is fragile, we will use special packaging to ensure it is safe to eat. We will also use special packaging to ensure it is safe to eat.

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian **Oily Fish** **Wholegrain**
Fruity! **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely covered for.

Internal

(H) Halal Option Available